

# Archangel Metatron

ARTICLE KATHY LATHER

*Metatron is known as 'The Angel of Life'. He is a powerful messenger. He teaches us how to recognise our spiritual knowledge and power for good. How does he do this? He helps us to release or let go of anything that does not serve you.*

**M**etatron was once a human. He was a prophet before ascending to Heaven and becoming an Archangel. Therefore, AA Metatron is great to work with if you need to move forward or let go of a concern.

You can also request he comes into your life and helps guide you in all matters of humanity or causes. When I am asking for help in releasing or clearing energy I always call on AA Metatron and see his amazing green and purple energy.

Filled with wisdom and divine light AA Metatron is about ascension, enlightenment and our spiritual journey. As the Angel of Sacred Geometry AA Metatron has a cube called the Merkabah. It helps to clear out stuck or negative energy.

Metatron's Cube is a 3D symbol. It is made up of spheres, cubes and a Merkabah star.

The 2D symbol form is one that is used for crystal grids. When you look at the Metatron's Cube long enough and relax your eyes (going a bit cross-eyed) you might see a big 3D cube with a smaller 3D cube form in the middle.

Metatron's Cube is also a useful tool to connect in with Archangel Metatron while meditating.



While in meditation, focus on the cube. This will help remove limiting beliefs that seem to come into your life on a regular basis. These patterns or beliefs do not serve you, so ask Archangel Metatron for his help; that is his role. Call on him to help you release.

If you also want to learn more, to study the sacred geometry and learn how to work with the energy call on Metatron. It is amazingly simple. The Angels need to be invited in to your life to help us. Simply say, "Archangel Metatron I ask that you help me now. Please support me with (add in here what you need – a cleansing or clearing or just let go of a situation)."

• Sit where you desire to meditate. Place the image of the Metatron's Cube in front of you so you can look at it as you meditate. You will be focusing on the Cube and may see it switch from 2D to 3D in the meditation.

- Call on Archangel Metatron to be with you.
- Let him know that you wish him to clean, clear, balance and enhance your chakras.
- Now open your eyes and focus in on the cube.
- Allow the sensations to come to you. Visualise his colours, or each chakra colour being cleaned and cleansed.
- When you have finished, thank Archangel Metatron.

I have been conducting readings, healings and workshops on how to bring happiness, love and security within my clients' lives all with the help of their Angels.

I was not fully aware of the amazing connection and how to use it to help others, until my 40th birthday where I met Archangel Michael for the first time.

Since then the Angels have been in my life helping me to connect with people through readings, healings and workshops. I love being able to teach others to discover their amazing spiritual journey and all that is available to them.

 [www.angelconnections.com.au](http://www.angelconnections.com.au) or [www.facebook.com/angelconnectionswithkathy](https://www.facebook.com/angelconnectionswithkathy)

## Connecting with your Angels and Guides to bring happiness, love and security to your life



KATHY  
CONDUCTS:

- Readings
- Healings
- Workshops
- Reading Events



INDIVIDUAL SERVICES:

Half Hour **\$65**  
One Hour **\$90**

IF YOU WOULD LIKE TO LEARN MORE PLEASE VISIT:

[www.angelconnections.com.au](http://www.angelconnections.com.au) or  
[www.facebook.com/angelconnectionswithkathy](https://www.facebook.com/angelconnectionswithkathy)